



# ADVANTAGE NUTRITION



Carmel Curlewis and Associates Pty Ltd

*Aged Care \* Disability \* Food Service*

Mobile: 0427 592 730 Email: [carmel@advantagenutrition.com.au](mailto:carmel@advantagenutrition.com.au)

Website: [www.advantagenutrition.com.au](http://www.advantagenutrition.com.au)

## *Education / Training Sessions*

**ADVANTAGE NUTRITION** can provide your organization with a range of staff education, with the flexibility to travel to your site eliminating the inconvenience of staff travel, staff relief and accommodation expenses.

Education sessions currently provided by **ADVANTAGE NUTRITION** include:

- Anaemia
- Constipation and Dietary Fibre
- Diabetes
- Diet and Autism Spectrum Disorder
- Diet and Wound Healing
- Enteral Nutrition
- Food Safety Policy
- Glycaemic Index Explained
- GORD – Gastro-Oesophageal Reflux Disorder
- Gout
- *Helicobacter pylori* – The Ulcer Bacteria
- Hepatitis and Diet
- High Blood Pressure and Diet
- Kidney Function and Diet
- *Listeria*
- Maintaining Bone Strength
- Menu Planning
- Nutrition and Ageing
- Nutrition and Hydration
- Parkinson's Disease
- PKU - Phenylketonuria
- Plant Sterols and Cholesterol
- Special Diets – Bowel
- Stroke, Swallowing and Oral Diets
- Texture Modified Diets
- Understanding Food Labels
- Unplanned Weight Loss
- Vitamin D

**Tailor an education session specifically to meet your needs.**

All education sessions provided by **ADVANTAGE NUTRITION** come with a small competency based quiz for participants to complete and handouts for participants to keep. Certificates of attendance can also be provided.